



BREATHARIAN  
WORLD

# Pranic World Festival



**1-10 June 2018**

**Coccore (Italy)**



**EN**

## What's the "Pranic World festival"?

This Festival is the most famous breatharians's meeting from all over the world. They will share their lifestyle through conferences and workshops for 10 days.

This lifestyle is his higher manifestation and thanks to the pranic nourishment ( Qi, Energy): living on light, allows to live in perfect health and perfect harmony without assuming the most common aliments, solids or liquids, from the mouth.

### Should I prepare myself?

You are already prepared since the foundations of time, open to all possibilities! come and let go your believes and your certainties, make space in your heart to receive the good news that bring a real opportunity to cure violence, illness, ageing and death.

### What will happen during the festival?

Breatharians from all over the world will come to speak and share their reality and experience with talks and daily workshops. Teachers of energetic disciplines, like Yoga, Gi-gong and others will give course and practice every day. Healers and holistic operators will be present to share their capacity to bring health and harmony to all. Special surprise events, like night walks, shamanic ceremonies and new world parties, etc...

*The Pranic World festival is an information event in which breatharians of all over the world gather together to share experiences and knowledges.*

*This is the moment to get in contact whit a new world, an other state of being, an other dimension, a new paradigm.*

*We would like that the PWF would be a moment and an occasion to meet people which share ideas and experiences on the same issue about pranic nourishment, so we ask to everyone to live in a responsible way the days of the festival without attempt self-made processes, fasts or transitions of every kind.*

*It will be enough to participate actively to these special days, absorbed in a strong energetic atmosphere, to experiment the intensity of the life style without food.*

*Trusting on your common sense, and to avoid malaises or situations which could influence the good progress of the festival, we kindly ask you to continue to eat in accordance with your habits and your breatharian level. We don't want to be obliged to call the ambulance! Or to be obliged to interrupt the festival!*

*On site, there will be vegetarian, vegan, raw and liquidarian food, to meet every needs.*

*Who is not able to stays on these fundamental rules, will be invited to leave the festival.*

*Remember that, to experiment a process or a transition, it is necessary to have suitable places with suitable trainers.*

## Breatharianism

### How does this new nourishment works?

In his natural state each cell of our body takes everything it needs from the vital force (prana, Qi, energy) to be in perfect health and perfect harmony. This vital force is within us and all around us.

### Who the Breatharians are?

By convention we call breatharians those who recognise the importance of this feeding energy and feed themselves consciously. But first of all a breatharian is somebody who has freed himself from belief systems and habits, he becomes a free being.

### What does Breatharian level means?

To have a better comprehension from a mental and rational point of view of the pranic nourishment's different kind of manifestation, you can evaluate here your own level:

- Level 0 I'm not aware of Pranic Nourishment
- Level 1 I'm aware of Pranic Nourishment
- Level 2 I started to experienced the path of Pranic Nourishment (trough a process or naturally)
- Level 3 I manifest the Pranic state and only occasionally consumes solid or liquid foods (state is stable since at least 4 months)
- Level 4 I manifest the Pranic state and no longer consumes solid or liquid foods (state is stable since at least 4 months)

### **Victor Truviano** [www.victortruviano.com](http://www.victortruviano.com)



Victor Truviano was born in Argentina. He lived for many years near Buenos Aires. He feeds on Prana since 9 years and is strong, active, intense and flexible personality. He lives in a state of permanent happiness. He sleeps two to four hours a day and sometimes does not sleep for days. This is due to its ability to maintain a very high level of energy thanks to this infinite source of nutrition that allows him to regenerate the body, teeth, hair, healing of myopia and other diseases. Today he is traveling to different countries all over the world teaching a deep inner process.

### **Galina El-Sharas** [1kluch.plp7.ru](http://1kluch.plp7.ru)



Galina El-Sharas, lives feeding on Prana since 2009. She is a healer of the New Times, a researcher, teacher of meditation, creator of more than 10 different workshops. Galina opens hearts in resonance with the vibrations of the Universe, teaches breathing Love. This creates its own perfect universe for each one of us. She conducts many seminars, webinars, retreats, and has experience of practical processes to facilitate the transition to Prana in the Center "PranaHouse" (Crimea). Her students comfortably and safely acquire the experience of Pranic Nourishment and the transition to more lighter types of food of any level.

### **Gaston Bacchiani** [www.gastonbacchiani.com](http://www.gastonbacchiani.com)



Gastón was born in Argentina in 1971, he has been living in Berlin, since 15 years. In 2013 his body was upgraded to a more subtle nourishment system (Prana) and he now only drinks liquids. This new subtle nourishment system generated physical changes that enabled him to obtain a German sports golden medal the years 2014, 2015 and 2016. Moreover, his liquidarian life also enables him to run half marathons and practice acrobatics. Today, Gastón proposes a new paradigm for the expansion of consciousness: "Sharing Clarity", through the process of observing one's own emotions in a conscious manner, so that they can be integrated with awareness and our inner space increased. He shares his personal experience in several countries in Spanish, German and English languages. He offers lectures, individual sessions, face to face and online workshops using his method "DETOX3: Physical-Mental-Emotional". Gaston is also father, he has a 11 years old daughter and holds a Bachelor's degree in Business Administration and specializes in International Finance.

### **Elitom El-amin (in Skype videoconference)** [www.elitom-training.com](http://www.elitom-training.com)



Elitom El-amin, born in 1969 in USA in the city of Pittsburgh but raised in Ohio, from African American origins. He teaches living on Prana since 15 years, sharing deep knowledge and experience. Also author of the book "It's Ok to Be Healthy", and coming soon, "Human Photosynthesis 101". The goal of is that all humanity gets familiar with the knowledge, in order to live in a peaceful world of harmony.

### **Atlantis** [www.facebook.com/atlantis.rise.5](http://www.facebook.com/atlantis.rise.5)



Atlantis was born and raised in Atlanta, Georgia. She has since lived, travelled, worked, and studied around the world. She has a masters in literature from University of Georgia and trained as a Health Educator at Hippocrates Health Institute. For six years she ate only raw, mostly sugar-free food, and started doing 1-3 day dry fasts. She noticed that she needed less sleep and felt more energized. She then began researching breatharians and did the 21-day process in January 2012. She experienced an entirely new feeling of embodied freedom and joy that gave her hope that the body could regenerate itself. She remained mostly on cucumber juice and water and went about travelling the world to meet the others living this lifestyle, investigating the methods they were using to try and transmit it to others. She has spent the last five years exploring, researching and speaking about the liquidarian and breatharian lifestyle. She is excited to share the tools and practices that she has discovered for energizing the body and tuning into its needs, as well as ideas for creating a lifestyle that can support the heightened sensitivity that comes along with it.

### **Nicolas Pilartz** [www.prana-21.com](http://www.prana-21.com)



Nicolas Pilartz was born in 1971 in the city of Paris, in France. His has the british nationality, his father is German and his mother Italian. He got the information of Pranic Nourishment in 2012; today he dedicates himself to share and spread the information of what he became trough his transformation and his life as breatharian. He helps and supports whoever wants to get closer to this new paradigm, accompanying them on the way of changing. A new world is possible, it's ready to birth; it's made of peace and joy, without slavery and violence, a simple and free world of the needs to take anything from the outside of what we already have inside of us.

### **Dmitry Lapshinov (Dima)** [ty-master.ru](http://ty-master.ru)



Dmitry Lapshinov (Sri Mahkara Jothi is Dimitri's spiritual name that has been given to him by siddhars Sri Prannaji and Sri Prannaraj in the 18 Tamil Siddha tradition) – Breatharian and spiritual practitioner, the founder of "Svarga" self-improvement system, the author of "The Sound of Silence" book. Who is not dedicated to only one tradition, he is trying to experience all sacred secrets of all: "At spiritual level we are one whole! There are the keys everywhere and rational grains of single and whole way of self-improvement", he said. As of today, he experienced and opened Taoist Qigong of Shen family traditions and traditions of Wudang mountains; Japanese art Zen; Cossack Spas of "Topor" clan; Yoga of the "18 Tamil Siddhars" tradition; Tibetan "Bon" Zogchen tradition and Tibetan Tantra of Jonang tradition which saved the secrets of six yogas of Naropa and six yogas of Niguma.

### **Erika Witthuhn** [collegedepaix.blogspot.it](http://collegedepaix.blogspot.it)



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Born in Hamburg in 1936, Erika is feeding on Prana since 2001, a gift she received thanks to her spiritual path and experience of an intense life. She dedicates herself to share her awakening together with knowledge of some friends as Jasmuheen for who she translated some books and that she works with in harmonious friendship. Erika travels all over the world as ambassador of many communities, but she is first of all creator of tools of peace and harmony to help in the awakening of the big human family in this new paradigm. She lives fully her life, staying in connection in all domains, always in connection of the co-creation of this new world love peace and joy. It's our call to participate donating our knowledge and experience for the planet and all humanity and for the universe and other galaxies.

### **Domenico Provenzano** [www.jevoyageleger.fr](http://www.jevoyageleger.fr)



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Domenico, initiate since January 2010 following a pranic process that he carried on by himself, teaches how to "Travel Lightly". Beyond religions, dogmas and beliefs, he encourages to conceive Life in continuity with existence, which he informs on good sense and humanitarianism. Healer, author of various works on the causes of Spirit, lecturer, propagator of Ultime Water, actor in free energy, he is initiated to the "raison d'être of the human being" and takes people through a 3, 6, 9, 12 or 21 days pranic process, in the light of his own initiation of connection with the Divine, which he personally calls "The Father".

### **Andrea Abazari** [www.fruitevolution.org](http://www.fruitevolution.org)



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Andrea Abazari, born in Perugia in 1985, graduated in dentistry in 2010. Since 2011 he has been dealing with nourishment and spirituality, studying and researching on his own "physical vehicle". In 2016 he took part to the event of pranic activation lead by Nicolas Pilartz and Henri Monfort. Later he got back to eating but only fruit. He firmly argues the fruit-eating nature of the human being in spite of the believes of the omnivorous one. He supports that a pranic diet is possible through a developing process providing fruit feeding.

### **Luce** [www.facebook.com/laura.fabris.94](http://www.facebook.com/laura.fabris.94)



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She had a first glimpse of the pranic state at the age of 20, when a profound spiritual experience occurred to her. In May 2017 she realized the transition to pranic nourishment: it is the fulfillment of a long path of investigation and awareness around food, nourishment and prana, developed together with her spiritual path. With this, she experiences a deep transformation and a new expansion of the Consciousness. She has been practicing meditation and healing arts since the age of 22. She cultivates vipassana mindfulness practice, the connection with Light and direct ways of transformation of the Consciousness. She devotes herself to progress on the Path and share its fruits, with purity of heart.

### **Raffaella Galoppi** [www.quantumchanneling.com](http://www.quantumchanneling.com)



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She was born in 1974 in Chiavari, Liguria. Since 2011, she enters directly into communication with the Universal Consciousness through unified quantum field. She starts a road to a profound inner knowledge discovering, step by step, its true essence, a process of transformation of our being. Raffaella channels the unified quantum field, the Universal Consciousness expresses through her, it helps and illuminates all those who listen her, to ensure that everything is happening and to create a unique plan based on the fundamental principle of "I AM". Raffaella today offers to the Supreme Consciousness service that has also driven in a run of Pranic Nourishment experimenting and alternating solid food with phases of Prana. Nowadays, she organizes group and individual channeling meetings to bring people to live the depth of being.

### **Dominique Verga** [www.facebook.com/dominique.verga](http://www.facebook.com/dominique.verga)



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Dominique was born in 1966 in Belgium. From 2013 great changes take place in her life, leaving out a big health problem. She discovered raw food one evening while eating at a friend and it goes overnight to this type of diet, guided by his intuition. At the same time she starts the assiduous practice of Vipassana meditation, to find out who she really is and deconstruct the person created by educational formatting. She begins short fasts periods (between 7 and 10 days) and she will make 6 over two years. In April 2014, it is reiki that enters her life, even putting more concretely in the presence of this universal energy that sustains us all. It is in June 2015 that the universe makes her the wonderful gift of becoming pranic spontaneously, without having sought. Currently, she accompanies people on the path of spiritual awakening of consciences by Reiki, relaxation therapy, meditation and accompanying on pranic detox. She starts giving her first lectures on Pranic Nourishment in spring 2016.

### **Eris Binda**



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He was born at the foot of the Dolomiti mountains and his life is a mandala of experiences: mountaineer, warrior, explorer, builder and shaman. He travelled through the 5 Continents living like a nomad. He is father of 5 biological children and 6 adopted ones. From 1977 to 2011 he lived in Himalaya where he got the formal recognition as Ringpochte and as himalayan „Guru“, channeller of the „Great Mother“. Eris is a student of the human consciousness, he is going on with his daily relationship with material food experiencing the traditional asceticism and the abstention from the 5 senses, fasting and consciousness expansion.

**Maria Sonia Baldoni** [www.casadelleerbe.com](http://www.casadelleerbe.com)



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Maria Sonia Baldoni, bond trader, after 18 years pursued her dream, she left her job and began a new life. Finally she communes with horses and woods, completely in nature and enjoying freedom. She has spent three years close to Cuneo living in a house carved into the rock. She begins to gather myths and legends concerning spontaneous flora collecting testimony about use and traditions of plants and trees in all Italian regions. She spreads knowledge, not only about herbs, in schools and in learning groups to avoid that the herb-picker's gesture and figure get lost., as the

herb-picker totally relies on what nature provides us with in every season. Maria Sonia is Master Reiki, so she takes the opportunity to tell people about Reiki treatments and initiations and especially on the treatments in the fifth dimension where the faith is the certainty that life always gives us what we need..

**Ivan Orlic** [www.facebook.com/ivo.orlic.5](http://www.facebook.com/ivo.orlic.5)



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Ivan is born in Croatia. He studied Physics and Astronomy. As a young and ambitious scientist, he soon left his home country together with his family and worked at universities and institutes around the world. As a university professor he taught nuclear and quantum Physics for many years and served as a UN consultant for accelerator physics to developing countries. Some ten years ago, he realised that there are simply too many questions that conventional science could not answer. He decided to make a sharp turn in his successful scientific career, bought a yacht and for nearly three years sailed around the world with his family and friends. During that voyage he got reconnected with the higher Consciousness. He started to practice various modalities of energy healing, meditation and past life regression therapy. These new experiences broaden his horizons beyond the conventional 3-D thinking and gave him a drive to study in depth all the cutting edge scientific theories like newly emerged Quantum Biology, various aspects of unification theories, concepts of holographic universe. His intention is to bridge Science and Spirituality and to understand phenomena such as telepathy, remote viewing, breatharianism.

He practice fasting and went through the 11-day process with Victor Truvianov and the 21-day processes with Nicolas Pilartz. He had performed a number of experiments and measurements with breatharians..

**Edgardo Bonazzi** [www.facebook.com/edgardo.reiki](http://www.facebook.com/edgardo.reiki)



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Edgardo Bonazzi, born in 1950, had his first contact with the beauty of the Infinite at the age of 7 and he felt himself in bliss. Due to his immaturity even after this he experienced the sorrow following the way of the struggle to change the world. Later he found out to have the gift of healing by laying on his hands (pranic therapy), then he discovered Reiki and became Reiki Master. His new awareness state gave him joy, strength and peace but it was not yet enough. He read Jasmuheen's book and he began to wish to nourish himself by Light and in July 2017 life gave him the chance to experience his 21 days process. Finally now he can enjoy the true revolution inside himself and spreading in the world by the Unity with All and in full humbleness.

**Cristiana Eltrayan** [www.soulhealing-holistictherapy.com](http://www.soulhealing-holistictherapy.com)



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For many years Cristiana Eltrayan has worked with people, and trained to become a holistic therapist and life coach. After having pursued and achieved professional success in management, she has oriented herself towards the self-balancing and spiritual development field, which she has studied and practiced for years with Yoga, qi-gong and other biofield practices that are meant to make us a purer channel for The Divine. Her intention and drive is to become and stay a pure channel for Light for as long as possible in this physical body and to share this knowledge with those opened to this. The first contact with knowledge about Pranic nourishment came to her in 2010 and she has since then followed the steps for allowing her human system to shift to the Pranic Consciousness, allowing herself to be nourished purely by Prana whenever the body requires it. She is now practicing the Soul Healing – Holistic Therapy – which deals with the balance between body – mind-soul and deprogramming and reprogramming the energy field, and shares her experiences in books, workshops, classes and conferences. She is the author of "Darkroom Retreat-A Light-Full Mystical Experience", which describes the dawning of her pranic journey.

**Jacopo Angelini** [www.wwf.it](http://www.wwf.it)



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Jacopo Angelini, WWF Italy delegate for the region Marche, has been studying our environment for several years in various respects. By his study and the knowledge passed down by our ancestors he highlighted the wealth, the biodiversity, the uniqueness and the spirituality of our earth. In complete unity with the animal realm he took in, in his Heart, how the Golden Eagle and the Wolf get in relationship and how they dance, in symbiosis, with our mountains. So he understands the importance to respect their habitat, which is essential for the ecological role in the ecosystems and which doesn't deny the link to the subtle worlds.



## Emeya S. Angelisme [www.facebook.com/elsylvia.angelisme](http://www.facebook.com/elsylvia.angelisme)



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Esoterist, psychic, medium, soul coach, karmic editor. Born in Poland, she has been working for the New Earth since she was 18 helping those who are realising their life purposes on Earth and who wish to step into the new levels of their existence. Her first 21DP took place in 2013 following with a 13 month water nourishment with occasional (4 times) addition of honey to water. She went through the next 21DP in April 2016 and entered a 41 day pure breatharian stabilisation process in December 2016, which resulted in further transformations.

She continued developing her abilities as a Medium and Lightworker in the name of cooperation with what one may call the Light, Source or Love. She assisted many with their transitions since December 2016 helping those who either felt their heart calling to live as a pure breatharian or those who defined their needs as "transformative on the pranic path" through broadening their pranic consciousness while still being nourished by soups or a light raw diet. She recommends, teaches and shows the lightness of living this way through changes of conditions, beliefs or food habits. Emeya moved to Bali in November 2017 being called to the warm and friendly climate. She now offers her 7DP (7 Day Pranic Transformations, no liquids or food) in both Bali and Poland. Her husband Maciej has been a blessing and support on her path witnessing her new transformations, her deaths and rebirths of what she becomes next. "I bless you with the Light Purity and I look forward to seeing and hugging you soon. I love you".

## Kay Hougaard [www.livingonlight.dk](http://www.livingonlight.dk)



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Kay was born in 1960, and he has been a CEO for more than 30 years. Currently, he works as a healer, martial arts trainer, coach and CEO of the treatment center, Lotus Health Care, in Denmark. His journey for Living on Light (Universal Energy) started spontaneously on December 2012. After this, he had a period of not eating and drinking at all. He has since developed a special activation and initiation, that only he can do, to enable other people to live on Energy. His method activates a center in the brain that enables people to live on Energy.

Kay's method is for everybody. It gives the freedom to choose whether people wants to eat or not, and what they want to eat. The activation and initiation works, no matter what people do or how well-balanced they are. They can also eat unhealthy foods, like sugar or chips and drink alcohol if they want to. There are no rules or restrictions. Kay himself still eats because food is enjoyable. On a daily basis, he has lowered his food-intake with 90 % compared to before 2012. He has periods where he doesn't eat or drink anything, and he still works for many hours every day, both mentally in his clinic and physically by building things. In the periods without eating or drinking, he sleeps 5 hours a week in total.

Kay's method is based on human evolution, so in the year 2042 the center in the brain will activate automatically because it is part of our evolution to be able to live without food. The initiation, however, will not come automatically, only the activation of the center in the brain.

## Veni [www.veni-loveandlight.com](http://www.veni-loveandlight.com)



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VENI Loveandlight – studied in Poland and France (Sorbonne, Paris) A therapist since 1995. She developed her own methods based on the harmony of body, mind and soul by connecting the spiritual growth with prosperity. Veni facilitates lectures, seminars, group meditations and one-on-one sessions across the globe. She switched to prana spontaneously in 2004 and introduced a softer method to breatharianism called "Pranic Diet". Veni published several books including „Light Nourishment. My Journey with Eating Differently. Pranic Diet“ (2012) and supporting CDs. She has been facilitating 7, 9, and 11-day pranic processes since 2004 and is able to share the pranic nourishment in 1 day (so-called Matrix transfer). She also developed her own set of supporting exercises. Veni is able to see past lives; she channels angelic transmissions, communicates with nature beings and speaks light language that cleans, transforms, heals and raises vibrations. She also paints healing pieces and participates in vernissages. Thanks to prana she finds herself very active even after 20 hours of work; she is healthy, full of energy and ideas and she feels younger and younger each day.

## Sofia Waapiti Ra [www.facebook.com/kerry.oneill.3950](http://www.facebook.com/kerry.oneill.3950)



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She has been in service for over 20 earth years. she has spent much time in the himalayas, practicing qigong & other sacred arts, whilst remaining in silence for long periods. here she met a collective of celestial beings who invited her to join a mystery school in order to raise her frequency, so she could be of service to all who wish to enter their light bodies. she travels to sacred sites throughout the world working with different groups of off planet beings. through her own expansion of consciousness she holds the vibrational frequencies necessary for new earth humans to expand into their lightness of being. she was informed in 2015 by her celestial team, that her light quotient was such, that she no longer needed to partake of foods & waters. she agreed to this expression of living and began a lifestyle without these substances. she offers private sessions, group work & seminars in expansion of consciousness. expresses as a collective; i we are caretakers of human consciousness. i we come to share new possibilities & weave them into your tapestry of lights. We are hybrid star seeds who come from the milky way, forever in service to you & the grand design.

**Jasmuheen (in Skype videoconference)** [www.jasmuheen.com](http://www.jasmuheen.com)



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Known as the grandmother of western Breatharianism, Jasmuheen has been nourished by prana – what she calls Cosmic Micro Fuel – for the past 24 years after her physical system was converted to Pranic Nourishment in 1993 via the powerful 21 day Process. Jasmuheen is the author of 38 books that are published in 18 languages, of which seven of these are dedicated to this topic of alternate nutrition.

“Pranic living is much more than a way to be at greater choice regarding how we can nourish our physical bodies, for it allows us to free ourselves from all human hungers

including emotional and mental hungers as well. There is a science to this and there is also a simple yet powerful way to anchor ourselves deeper into the infinite ocean of the purest nourishment that a human system can know while still maintaining physical existence! A world without hungry people means a world that exists in peace!”

The founder of the Embassy of Peace, in 2008 Jasmuheen was appointed lifetime President of the Global Congress of Spiritual Scientists in Bangalore India. She has also liaised with various levels of government and presented her work to the UN in both Vienna and New York. In 2015, Jasmuheen was also honored with a special Diploma for her dedicated global peace work by Spirii Haret University in Romania.

**Ray Maor (in Skype videoconference)** [www.raymaor.com](http://www.raymaor.com)



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Ray Maor was born in Israel. Following a normal Israeli life, he joined the military service when he was 18 for a five year service followed by a long trip abroad that opened up his eyes to the world of spiritual development. At the age of thirty one Ray has decided to take a huge leap of faith by going through a 21 day fast pranic initiation that changed his life forever. Now Ray is a spiritual Breatharian guide that is committed to bringing the self-empowering and spiritual development knowledge to all that is in search for a higher understanding of our reality and our divine selves.

Ray invented the 10 day group process breatharian initiation that, like Ray, allows for true balance between the scientific and logic mind and the spiritual and emotional bodies in perfect harmony.

**Camila Castillo (in Skype videoconference)** [www.pranicwoman.com](http://www.pranicwoman.com)



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As a woman and mother living for the past 8 years in the Pranic Breatharian state, Camila accompanies women in their transition to Living on Light so that families worldwide may cultivate self-empowerment and consciousness in the present and next generations of our humanity. She is the creator of the 4 Day Pranic Woman Program, which through the Prana, purifies and illuminates the feminine energy field and reprograms the information of the Reproductive System, that holds the memories of our human family lineage, and the key to unleashing the Divine and

Beautiful wisdom within each Woman and Being. Her work has been received by women and girls of all ages and in all stages of life and is integrated with ease, precision, and joy. She is a lover of her family, nature and life, breastfeeder, homeschooler, dancer, and joyful being!

**Darrell Brann (in Skype videoconference)** [www.nimbitmusic.com/HarmonicsOfHealing](http://www.nimbitmusic.com/HarmonicsOfHealing)



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Darrell has been SunGazing for nearly 10 years. He is an accomplished musician and healer – he has many credentials in the Healing Arts as a result of studying with some of the top teachers in the world. After his first Near Death Experience, (not related to SunGazing) he began figuring out the harmonic structure of the human body – after his next 4 NDE’s – he has had 5 total – he completed the harmonic project and started the modality: “Harmonics of Healing”; after completion of the vibrational structure of the human body – Darrell went through a kundalini experience wherein chakras 1-7 descended and the upper set of chakras replaced them; following the kundalini experience, he went through what is referred to as the “Death of the Ego”. It was after this event that his body began to figure out how to totally detox and allow the body to “Jump to Prana”. Once the body totally detoxes, it will automatically make the “Leap to Prana – it is our natural state of being. He has developed numerous online courses, heavily relying on anatomy and physiology: “How the Body Lives on Prana”, “How the Body Lives on LIGHT”; “How the Body Heals With Plasma”; and others. Hear Darrell speak about making the “Jump to Prana” and “Living on LIGHT”. Darrell just emerged from 6 months living in a Unified Field Sphere in the desert, where he SunGazed from Sunrise to Sunset. He has numerous Facebook Groups: including “A Lifestyle Without Food”; “Harmonics of Healing”; “Spiritual Wanderer” and others.

**Akahi (in Skype videoconference)** [akahibreatharianmethod.com](http://akahibreatharianmethod.com)



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After his 21 day living on light initiation on 2008, “Akahi’s” develop the capacity to revolutionize the existing method of 21 day in to a new 8 day process of conscious breathing practices and make it simpler and more effective for people in everyday lives.

The Scientifically proven benefits of Akahi 8 Day Breatharian Method, accompanies hundreds of people everyday around the world safely to the Pranic Breatharian State, Documented on movies and television. His method has been adopted as a template by the new generation of breatharian teachers in Germany, Israel, USA, Holland, UK.

Akahi is the Author of the book “Becoming Breatharian”

Featured in the movies \*Living of Energy, We Are Energy\* and \*The Grand Self\*.

### **Kirby de Lanerolle (in Skype videoconference)** [www.wowlife.in](http://www.wowlife.in)



Kirby de Lanerolle is Christian Priest who has been appointed as a Bishop over 500 churches in Sri Lanka. His breatharian life and ministry has been celebrated by his Diocese and government; receiving Presidential awards. He has trained close to 1000 people to tap into alternate energy sources... Army Generals, Cabinet Ministers, Doctors & Priest. His teachings are Christcentric and emphasises the Holy Sacrament of Jesus Christ as the Agape love energy empowering Biophotonic activity. He teaches on "CONSCIENCE" as the major faculty to strengthen human immunity.

His teaching consist of breaking down different "energy formulas" to practically minimize caloric intake. Kirby de Lanerolle consumes a meal or two a week but enjoys juice, nuts and a bit of cheese.

### **Mira Omerzel (Mirit)** [www.veduna.com](http://www.veduna.com)



Mirit has permanently lived on cosmic food since August 2000 (she only drinks water, and spends some periods without even that). This possibility first happened to her (spontaneously!) in 1994. She became a medium, cosmic telepath (channelling cosmic and galactic initiations for people) and a healer: a cosmic sound-energy surgeon. She channels meditative, harmonising and healing sounds. Mirit developed a spiritual technique for the development of consciousness and (self-)healing – Veduna cosmic resonance. She channels books on the wisdom of the world's cultures (series of books titled "Cosmic Telepathy"). Her son Tine and other musician-therapists of her school and of the Veduna Ensemble perform music and healing sounds in a semi-trance. For many years, Mirit has led people through Veduna dry fasts (processes without food and liquid).

### **Fabrice De Graef** *pranic dance*



Fabrice De Graef Fabrice is a Level 2 breatharian and an artist from Lille in France. He speaks English and Spanish. Fabrice plays Bansuri, a bamboo flute that produces a unique profound sound. It is also the famous cosmic symbol of union and love between Krishna and Radha. Fabrice calls his musical quest a "Pranic Dance", from the Sanskrit word Prana meaning the magic breath that flows into the Bansuri to animate it on a cosmic level.

He learnt how to play this sensitive instrument from the two musician families he lived with for 8 years in India, as part of an Indian government scholarship. While being a raw foodist for over 20 years, Fabrice once struggled to find good quality raw foods so he decided to fast. He noticed that the vibrance of the Indian atmosphere fed him and he did not feel hungry, which made him continue living off prana and small amounts of water for two weeks. He also had no sleep and kept a balanced weight. That experience convinced him that something unusual was happening and he decided to research it further which led him to meeting Henri Monfort. Fabrice is now travelling a lot sharing his music talent for concerts.

### **Ogam** [www.artenomade.com/artisti/ogam.htm](http://www.artenomade.com/artisti/ogam.htm)



The Ogam music group started in 1988 in the Italian region Marche. Its team is formed by Maurizio Serafini – air instruments (celtic bagpipes, metal flutes, flutes for children, chinese clarinets, didjeridoo), Luciano Monceri – water instruments (celtic harp, electric and acoustic guitars, Morin khor), Angelo Casagrande – fire and earth instruments (violoncello, darabouka). A borderless music transmitting the peaceful coexistence of the new interracial society and belt to the human need of nomadism and voyage, with the meaning of migration and knowledge. The Ogam have realized two records: LI MA TO (1993) and The Realm of the Sibyl (IL REGNO DELLA SIBILLA (2001). They have taken part to several national and worldwide compilations.

Today the live concerts of the band are enriched by the percussionist Francesco Savoretti's precious sound.

### **Ana Meeusen** [www.facebook.com/ameeusen](http://www.facebook.com/ameeusen)



Ana Meeusen is a classical singer, choral conductor, body-voice and soundhealer, firewalk leader. Five years ago, Ana started her Chamber Choir Pantarhei where sound- and music experience are the focus. She sings as an alto with Currende olv Erik Van Nevel. She leads sound journeys where people can relax in the journey of sound.

"In my work I invite people to become aware of their instrument, the body. The body is the instrument of the singer and the dancer. To let our body or voice move his own dance or song, needs a conscious connection with our creativity, our source, our inner voice. As I let go physical food as a nourishment, I know that breath, sound, connection, can feed ourselves energetically. Singing and dancing can be a very spiritual experience where we can feel connected with ourselves, the others and wholeness".

### **Pindaric Flight** [www.zumusic.org](http://www.zumusic.org)



Pindaric Flight is a Vibrational Concert, with HandPan at 432Hz and Analogical Synthesizer accorded at special frequencies. Andrea Zu is musician, researcher of musics, story teller, sound explorer. Graduated in musicology and classic guitar, he travels around the world to know the people through their music, using the HandPan and other instruments like "meeting catalyst" He got fond of the HandPan in 2013 and started with it an important artistic and

spiritual path, which brought him to the study of the healthy frequencies and to the use of the music like a vehicle of self-knowledge.

## Refreshment point

### Vibrational Food with Vincenzo Canoro

Anna Maria Baldi and Vincenzo Canoro are waiting you with the "Vibrational Cooking", completely veggie and raw, with fresh and organic ingredients. This year we are going to present a menu for breakfast, lunch, afternoon snack and dinner which includes drinks based on Kefir and apple juice, infusions and a wide choice of food for the body and for the soul: fruit and vegetable extracts, spicy summer soup with Miso, vegetable creams, zucchini's lasagne and spaghetti, sauces of basil pesto, raw tomato, lupin mayonnaise, salads and desserts for every taste with pre and probiotics products. It will also be possible to buy fruits and vegetables in bulk for those who wish to cook independently. We accept card payments.



*Vincenzo Canoro, free searcher in the natural food's field, vegan since 2008, raw foodist since 2012, gives theoretical and practical workshops, conferences and meetings around the vegan ethic, and also nutrition and vegan raw food cooking. In his researches he is moving towards food vibration and electromagnetic field's effect of aliments on health.*

[www.alimentazionevibrazionale.it](http://www.alimentazionevibrazionale.it)

Facebook: @alimentazionevibrazionale

### Cuisine Vibrazionale with Gille Casaburi

Our chef has prepared a very special menu for our festival, among a lot of different meals you can find: Festival hummus, chickpeas with lemon, Cannellini beans with rosemary, Lens with rose pepper, Trio of legumes spaghetti with sauce, rice Samosa with potatoes and peas, potato and onion pie, Breatharian Taboulé, cereal salad, legumes fritters...

*Gille Casaburi, born in France, has learnt about macrobiotic philosophy since 1991, following the Giorgio Ohsawa's teaching. For 20 years he has followed this discipline taking part to the opening and management of some restaurants. In 2012 he widened his experience and he became chef and natural health cooking teacher by the Hospital Cancer Ward in Macerata and in the Valdo Vaccaro's Health Science University in Imola. His source of inspiration was the famous St Ildegarda's from Bigen healing diet. Also thanks to a progressive diet change you can experience a state of freeing and awareness, in respect of your own time. This allows you to be able to experience the pranic diet and reach a Peace and Union state.*

Facebook: @stovivo



## Scientific Pranic Nourishment Survey

According to contemporary science, living on Prana or Breatharianism is simply not possible, because it's in contradiction with the two fundamental laws of physics:

- *The Law of Conservation of Mass*

- *The Law of Conservation of Energy*

These two laws are the basic pillars of modern science and they are simply stating the following:

"Neither mass nor energy can be created (or disappear) within the closed system." Like all other laws of physics, these two laws, have never been officially proven wrong .. until now! On the other hand, as we all know, living on Prana is a proven fact! There are so many breatharians today. Their weight is stable and can even increase in spite of the fact that they do not consume any physical food for many years. At the same time, their energy level is typically very high, so they are obviously tapping on some mysterious, unlimited and so far, unknown source of mass and energy, the source that has been known for thousand of years as Prana, Qi, Mana, consciousness, light. This is the reason we embarked enthusiastically on scientific study of Breatharianism with the intention to jointly build a bridge between Science and Spirituality. By doing initial and relatively basic measurements and experiments with Breatharians our mission is to gather scientific evidence that Breatharians are "real" and that their "source of energy and mass" is most likely, beyond the known 3-D limits of the contemporary science. Results of these measurements will be published in the respectable scientific journals and medias. This will draw attention of a wider scientific community so that more scientists get involved in study of this phenomena. For this reason, during PWF2018, we are going to perform experiments with the Breatharians level 3 and 4 (and perhaps level 2).

The experiments will comprise relatively short measurements of some of the vital data like e.g.

- *Very precise measurement of changes in the breatharians weight during the meditation. For this purpose very sensitive scale is developed which can register minute changes of the weight of the mediator.*

- *Blood levels of sugar, concentration of keton bodies and some hormones.*

- *Blood pressure and the pulse rate.*

- *Frequency and volume of breathing as well as the concentration of carbon dioxide in the exhaled air (CO2), etc.*

- *And few more sophisticated experiments, which are still under construction.*

All are invited to take part in these experiments. Please check the Festival map for details and location and feel free to enter the Scientific "Wigwam" and ask for more details.

## How to reach us

COCCORE is located between the city of Fabriano and Sassoferrato.



We'll have a shuttle making the road from the train station in Fabriano up to the festival location every 2/3 hours, available from 1pm on the 31 may up to 1pm on the 11 june.

Please take contact with our co-ordinator Piero, via Whatsapp: +393883847345

### By car

You have to reach Fabriano and then take the road to Sassoferrato: SP16.

About 10 km after leaving Fabriano to Sassoferrato, you will find road signs to Coccore on the left in the middle of a curve.

Then follow the signs of the Festival to the village top where the parking will be indicated.

### By train

It's recommended to reach the Fabriano station, Ancona-Roma line.

In front of Fabriano station, you can rent A.V.I.S cars.

Let the Festival staff know at what time you arrive, we will organize shuttle service.

### By plane

Falconara Marittima airport (about 57 km)

Roma airport (about 230 km)

Bologna airport (about 235 km)

Pescara airport (about 240 km)



## Community

### Social Network

**OFFICIAL FB PAGE - Pranic World Festival** | [www.facebook.com/pranicworldfestival](http://www.facebook.com/pranicworldfestival)  
**WORLDWIDE GROUP – Breatharian World (PWF)** | [facebook.com/groups/1107898175937341](https://facebook.com/groups/1107898175937341)

**IT – Alimentazione Pranica “Respiriani”** | [facebook.com/groups/795311907171133](https://facebook.com/groups/795311907171133)

**EN – Pranic Nourishment “Breatharians”** | [facebook.com/groups/509442155886231](https://facebook.com/groups/509442155886231)

**FR – Nouriture Pranique “Respirien”** | [facebook.com/groups/28394139523](https://facebook.com/groups/28394139523)

**DE – Pranic Ernährung “Breatharians”** | [facebook.com/groups/768717609940802](https://facebook.com/groups/768717609940802)

**RU – Прическое Питание “Праноеды”** | [facebook.com/groups/1059305080795819](https://facebook.com/groups/1059305080795819)

**ES – Alimentación Pránica “Respirianos”** | [facebook.com/groups/1806129756284383](https://facebook.com/groups/1806129756284383)

**PT – Alimentação Prânica “Respirianos”** | [facebook.com/groups/1669185759965389](https://facebook.com/groups/1669185759965389)

**LT – Pranic Mityba “Pranavalgiai”** | [facebook.com/groups/12705248777145](https://facebook.com/groups/12705248777145)

**RO – Nutritie Pranic “Respiriani”** | [facebook.com/groups/nutritie.pranica](https://facebook.com/groups/nutritie.pranica)

**NL – Pranavoeding “Breatharians”** | [facebook.com/groups/2109046962656305](https://facebook.com/groups/2109046962656305)

### Youtube

[www.youtube.com/c/BreatharianWorld](http://www.youtube.com/c/BreatharianWorld)

### Breatharians list

[www.breatharianworld.com/en/category/breatharians](http://www.breatharianworld.com/en/category/breatharians)

### Events calendar

[www.breatharianworld.com/en/event](http://www.breatharianworld.com/en/event)

### Events map

[www.breatharianworld.com/en/events-map](http://www.breatharianworld.com/en/events-map)

### Breatharians map

[www.breatharianworld.com/en/breatharian-world-map](http://www.breatharianworld.com/en/breatharian-world-map)

*If you arrive in Italy by plane, in the airport of Rome, you could stay in our dear friend Sandro's **Casal Biosè B&B** ([casalbiose@gmail.com](mailto:casalbiose@gmail.com)). It's a pranic foothold, furthermore if you want Sandro is available to accompany you to visit the wonderful Rome.  
[bebfieradiroma.fiumicino.rm.it](http://bebfieradiroma.fiumicino.rm.it)*

*Breatharianworld.com encourage you to always stay aware of what is best for you and make responsible choices about your health and life in general. The information provided here is presented as a resource only, and is not to be used or relied on for any diagnostic or treatment purposes. This information should not be used as a substitute for professional diagnosis and treatment either.*

# Pranic World Festival 2018



## Thanksgiving

We thank what it was, We thank what it will be, We thank what it is. And now we are Light. There is no more exterior or interior, immersed in an infinite field of Light. We send the White Light of truth everywhere in the universe, revealing joy, love, peace and bliss. Here and now the only reality. ♥



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